Preparing for field work in an authoritarian country can be a stressful endeavor.

Shoot! Did I remove all political posts from my social media accounts?

Don't act suspicious... Don't act suspicious...

Ma'am?

I'm not a spy!

You dropped this.

Oh! Er... thank you!

Hey! They have my favourite coffee chain here too!

Could that guy be a government agent? Or is he just enjoying his coffee?

It is good coffee!

Do you hear the minister's speech last night? Totally lame!

Think through whether you need to adapt your behavior - but don't get paranoid.